

# Breakfast Menu

Served from 7am/8am – 11am 7 days a week

Gayton's malted granary or white toast and preserves £1.95

Cereals, organic mueslis, porridge and honey £2.45

Croissants and preserves £2.75

Freshly prepared fruit salad £4.50

Freshly prepared fruit salad with natural yoghurt £4.95

American pancakes with maple syrup £3.50

American pancakes with maple syrup and smoked streaky bacon £4.50

Smoked salmon and scrambled or poached eggs £5.95

Kippers with two poached eggs £5.95

Scrambled, poached or fried free range hens eggs on  
Gaytons toasted bread £3.50

Eggs Benedict (Poached hens eggs on an English muffin with ham and  
topped hollandaise sauce) £4.50

Free range hens eggs omelette, with your choice of cheese,  
ham or mushrooms £4.25 Additional items 80p

Sautéed mushrooms and baked cherry tomatoes served on toasted  
ciabatta bread £4

Traditional breakfast sandwiches on brown or white bread: Your  
choice of filling - bacon, sausage, hens egg, mushrooms, tomatoes.  
One filling £2.75 Two fillings £3.50 Three fillings £4.25

## Christopher's English

Free range hens egg, best back bacon, 2 Nightingales best local  
sausage, roasted cherry tomatoes (or tinned tomatoes),  
sautéed mushrooms and two slices of hand cut toast £5.00  
Additional items 80p each

## Christopher's full house

2 Free range hens eggs, 2 slices of back bacon, 2 Nightingales best local  
sausage, baked beans, roasted cherry tomatoes (or tinned tomatoes),  
sautéed mushrooms, 2 hash browns, black pudding  
and two slices of hand cut toast £6.95  
Additional items 80p each

## Coffee

Americano	£2.10
Cappuccino	£2.40
Moccachino	£2.80
Espresso	£1.70
Latte	£2.40

Hot chocolate	£2.95
White chocolate <i>With cream and marshmallows</i>	£2.95 £3.15

## Twinings Tea

### Black teas:

English breakfast	£1.80
Earl Grey	£1.95
Lady Grey	£1.95
Assam	£1.95
English breakfast	£1.95
Ceylon	£1.95
Darjeeling	£1.95

Fruit teas:	£1.95
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Blueberry & apple	
Cranberry, raspberry & elderflower	
Camomile, honey & vanilla	
Roobios, strawberry & vanilla	
Lemon & ginger	
Honeybush, mandarin & Orange	

## Juices

Orange juice	£1.50
Apple juice	£1.50