

Allergens check list

Unfortunately we are unable to serve guests with a nut allergy. All of our food is made in an environment where nuts are commonly used.

Starters

Home made soup of the day

Milk, Celery

Pate & Onion Pickle.

Gluten-Wheat, Milk

Smoked Salmon & Prawns

Eggs, Milk, Fish, Mustard

Monkfish cheeks, lemon mayonnaise

Eggs, Milk, Fish, Mustard

Melon & Berry Compot

Sulphates

Main Course

Fish & Chips

Gluten-Wheat, Sulphur dioxide (Beer batter), Soya

Monkfish

Gluten-Wheat, Fish, Milk, Mustard, Soya

Plaice

Gluten-Wheat, Fish, Milk, Eggs, Soya

Halloumi

Gluten-Wheat, Soya, Milk

Steak and Mushroom pie

Gluten-Wheat, Milk, Egg

Penang Vegetable (vegan)

Chickpea Curry (vegan)

Roast of the day

Gluten-Wheat, Milk

Beef Bourguignon

Celery, Gluten-Wheat, Sulphur dioxide (Red Wine) Milk

Nut Roast

Celery, Gluten- Wheat, Egg, Lupin, Milk, Nuts-(Walnuts, Hazelnuts, Almonds

Blade Beef

Celery, Milk

Lamb Tagine

Celery, Gluten-Wheat, Milk

Demi Glas

Cellery

Desserts

Cheescake

Gluten-Wheat, Eggs, Milk

Apple Crumble

Gluten-Wheat, Eggs, Milk

Bread & Butter Pudding

Gluten-Wheat, Eggs, Milk

Chocolate Brownie

Gluten-Wheat, Soya, Eggs, Nuts-Trace, Sulphur-trace

Syrup Sponge

Gluten-Wheat, Egg, Milk

Chocolate Junkyard

Gluten-Wheat, Barley, Soya, Nuts-Peanuts, Milk, Egg,

Afternoon Tea Allergens Check List

The following items are examples that may be included in your afternoon tea.

Egg mayonaise sandwich

Gluten-Wheat, Egg, Mustard, Milk

Ham sandwich

Gluten-Wheat, Egg, Mustard, Milk

Cucumber & Cream Cheese

Gluten- Wheat, Egg, Milk

Chicken Mayonnaise

Gluten-Wheat, Egg, Milk, Mustard

Quiche

Gluten-Wheat, Egg, Milk

Chocolate choux bun

Gluten- Wheat, Milk,

Fruit Pavlova

Egg, Sulfites

Trifle

Gluten-Wheat, Milk, Sulfites, Egg

Chocolate Brownie

Gluten-Wheat, Soya, Eggs, Nuts-Trace, Sulphur-Trace

Mini Chocolate & Orange Dome

Gluten-Wheat, Egg, Milk, Soya

Mini White Chocolate & Raspberry Cheesecake

Gluten-Wheat, Eggs, Milk, Soya

Banana & Walnut Mini Cake

Gluten-Wheat, Eggs, Nuts-Walnuts

Mini Coconut Dome

Eggs, Wheat-Barley, Milk, Soya

Mini Victoria Sponge

Gluten-Wheat, Eggs, Milk

Mini Lemon Tart

Gluten-Wheat, Eggs, Milk, Soya

Mini Coconut Dome

Gluten-Wheat, Barley, Eggs, Soya,

3rd July 2020 The Peel Aldergate & Christopher's