Flat bread - Garlic \& cheese $£ 5.50$ Bread \& baslamic oil $£ 4.00$ Mixed olives $£ 4.00$

## STARTERS

| Home-made soup of the day, roll \& butter plant based |  |  | $\pm 5.95$ |
| :---: | :---: | :---: | :---: |
| Wild mushrooms en croute plant based |  |  | $\pm 8.00$ |
| Whipped fetta, honey \& chilli dip $V$ |  |  | ¢ 8.00 |
| Grilled goats cheese, orange \& walnut dressing $V$ |  |  | £ 8.00 |
| Tempura shrimps, lemon \& garlic mayonnaise |  |  | £ 8.00 |
| Chicken liver pate with blackcurrant onion pickle |  |  | ¢ 7.95 |
| Battered halloumi, sweet chilli dip V |  |  | ¢ 8.00 |
| MAIN COURSES |  |  |  |
| Roast of the day, seasonal vegetables \& potatoes |  |  | £16.95 |
| Rump steak, grilled tomatoes, mushrooms \& chips |  |  | £19.95 |
| Grilled gammon, 2 free range eggs or pineapple, chips \& garden peas |  |  | £15.75 |
| Beer battered fish \& chips, mushy or garden peas \& tartar sauce |  |  | £16.95 |
| Strips of chicken breast cooked in a cream \& tarragon sauce, vegetables \& potato |  |  | £16.95 |
| Chicken \& chorizo in a fresh tomato sauce, boiled rice |  |  | £16.95 |
| Poached salmon, prawns, white wine \& diced tomato sauce, vegetables \& potatoes |  |  | £17.95 |
| Butternut squash \& sage risotto plant based |  |  | £13.95 |
| Keralan cauliflower curry, boiled rice plant based |  |  | £13.95 |
| Sean's Buddha bowl - falafel, tomatoes, mixed leaves, avocado, couscous, Harissa, chickpeas, cucumber (items may vary) |  |  | ¢14.95 |
| SIDES |  |  |  |
| Chips | ¢3.50 | Sweet potato fries | $\pm 3.75$ |
| Skin on fries | £3.50 | Seasonal Vegetables | $\pm 4.75$ |
| French fried onion rings | ¢3.75 | Peppercorn sauce | $\pm 3.00$ |
| Mixed side salad | $£ 5.95$ |  |  |Please make your server aware of any allergens before placing your food order

ALLERGENS - Whilst we take the issue of food allergies and intolerances seriously all our dishes are prepared and cooked in an environment where all of the 14 allergens are commonly used. This includes nuts.

Unfortunately, we are unable to serve diners with a nut allergy.

